

A SIMPLE GUIDE FOR YOUR QUIET TIME

01

PRAY

Start your quiet time with a prayer. Invite God into your time of devotion and ask him to speak to you

02

COPY VERSE(S)

Copy the verse(s) into your notebook along with the Bible translation. You can include a topic of you have one. eg. God's Goodness

03

PARAPHRASE

Write the verse(s) in your own words without losing the meaning. This will help you pay attention to what God is saying in Word.

LESSONS

What are you learning from the verse(s)? Write down the lessons you are drawing from the verse(s) in your notebook.

05

APPLICATION

What can you do to make apply the lessons you have learnt in your life? Write them down. Make sure they are SMART goals.

06

PRAYER

Speak to God about what He is teaching you and listen to Him. This is a good time for praise, thanksgiving, confession and petition.

07

MORE NOTES

God may speak to you about something as you pray. Make it a habit to write these down in your notebook.

